



# PRIDE+ Bulletin

## Feb-March 2026

**The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice on LGBTQ+ issues**

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### News

[High Court confirms that trans women can use women's facilities: Here's what you need to know](#)

#### **Diva, February 2026**

Following the legal challenge to the EHRC's interim guidance, the High Court has ruled that services may lawfully allow trans women to use women's facilities. The court also clarified that it will likely be discriminatory to force trans people to use facilities based on the sex they were assigned at birth. In short, the law does not require a bathroom ban.

[Life expectancy slightly lower for LGB+ people, ONS figures reveal](#)

#### **SceneMag, February 2026**

Life expectancy for people in England and Wales varies by sexual orientation, according to new experimental data released by the Office for National Statistics (ONS). Although the differences are relatively small, the figures show that people identifying as LGB+ have a slightly shorter life expectancy at age 20 than those who describe themselves as straight or heterosexual. You can view the ONS data [here](#).

[UK Government moves to make LGBTQ+ hate crime an aggravated offence under new law](#)

#### **Attitude, February 2026**

The UK Government has tabled an amendment to the Crime and Policing Bill that would make hate crimes against LGBTQ+ people aggravated offences under the law. The proposed change would amend the Crime and Disorder Act 1998. It would extend aggravated offences, which currently apply to race and religion, to include sexual orientation, transgender identity, disability and sex.

### Guidelines, Policies and Reports

[Between, Beneath, Beyond: Bi+ women's health in Scotland](#)

#### **LGBT Health, March 2026**

Bi+ women are facing some of the sharpest health inequalities of any sexual minority, yet their needs remain overlooked across policy, services and public life. To change this, we brought Bi+ women together in a creative and participatory workshop to map their experiences, challenges and visions for safer, more affirming futures.

[Healthcare Professionals Report 2025: UK Healthcare Workers' Experiences, Confidence and Comfort Supporting Trans Patients](#)

#### **TransActual, March 2026**



Just under half of the respondents told us they had experienced transphobia in a healthcare setting, with a third telling us they avoid going to A&E because they do not trust that the care they receive will be free from discrimination.

[Inclusion or Restriction? A report on the risks posed to LGBTIQ+ communities by the statutory guidance on relationships sex and health education](#)

**Pride in Education, February 2026**

This report, prepared by Pride in Education, analyses the revised Relationship and Sex Education and Health Education (RSHE) guidelines scheduled for implementation in September 2026.

[Raising the Bar: The Experiences of LGBTQ+ Women in the Workplace](#)

**LGBT Great, March 2026**

This report sheds light on the lived workplace experiences of LGBTQIA+ women across the business sector. It highlights persistent barriers to visibility, inclusion as well as career progression. It also offers a practical roadmap that organisations can follow if they are committed to driving meaningful progress.

[Supporting LGBTQ+ inclusivity: Essential resources for support and awareness](#)

**Skills for Care, February 2026**

Resources and learning to help build inclusive workplaces and learning environments, including the LGBTQ+ Learning Framework for working with LGBTQ+ people in later life, a toolkit for implementing the framework, case studies, and guides.

[Tower Hamlets Transgender Needs Assessment](#)

**The Love Tank, March 2026**

Guided by the living experiences of trans and nonbinary people, this community research intends to better understand the needs of trans and non-binary people living, working, socialising, or accessing healthcare in Tower Hamlets. Ultimately the research seeks to seriously listen, with care, to a demographic currently struggling to get their voices heard, and to platform their needs with the aim to better support the trans community so they can live a full and thriving life.

[Trans Lives 2025: Continuing to endure the UK's hostile environment](#)

**TransActual, March 2026**

From December 2024 to January 2025, we hosted an online survey into trans people's experiences and needs around a variety of key issues, including access to ID, transphobia, and healthcare. Our findings raise serious concerns about trans people's rights, experiences of healthcare, and safety.

**Published research**

[A Critical Response to the UK's 'Sullivan Review' Into Sex and Gender in Research and Data](#)

**Transactions of the Institute of British Geographers, February 2026**

This intervention argues that the UK Government-commissioned independent review of data, statistics and research on sex and gender (the 'Sullivan Review') implicitly promotes the erasure of trans and gender diverse people from research and data collection protocols and carries worrying implications for the inclusion of trans people within UK institutions and for critical social science research.



[Chemsex and uptake of HIV pre-exposure prophylaxis among adult cisgender gay, bisexual and other men who have sex with men worldwide: a systematic review with meta-analysis](#)

**eClinicalMedicine, March 2026**

This systematic review and meta-analysis aimed to estimate the prevalence of PrEP uptake among GBMSM who engage in chemsex, based on available global evidence; and evaluate whether engagement in chemsex is associated with increased odds of uptake.

Heightened prevalence of chronic fatigue syndrome in U.S. sexual minorities [email [ulth.library.lincoln@nhs.net](mailto:ulth.library.lincoln@nhs.net) to request full article]

**Journal of Psychiatric Research, February 2026**

This nationally representative study revealed that sexual minority adults have a significantly higher prevalence of chronic fatigue syndrome compared to heterosexuals.

**Blogs / Commentary / Editorials / Opinion Pieces**

[A brief history of how the UK's broken Trans+ healthcare system only serves its cisgender doctors](#)

**Queer AF, March 2026**

It's well-documented that trying to transition on the NHS is a multifaceted nightmare. Right now, the estimated waits are up to 224 years for some patients. To understand the problems people face in the UK's Trans+ healthcare system, we need to understand how and why it was established, who made it that way, and, critically, who it was built for.

[Casting a queer lens on the 10 Year Health Plan](#)

**The King's Fund, February 2026**

Launched last summer, the government's 10 Year Health Plan sets out its vision to tackle health inequalities, stating: 'social justice runs through this plan.' But what does it mean for LGBTQ+ people? Despite the NHS's commitment to universal care, LGBTQ+ people face persistent disparities in accessing the care they need, how they're treated when they do receive it, and in their overall health outcomes.

**Books / Audiobooks**

*A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).*

**The Log Books by Tash Walker and Adam Zmith**

In a crawlspace at the offices of Switchboard, a queer helpline in operation since 1974, lies dozens of log books kept by volunteers describing the phone calls they had taken. These logs were traces of tens of thousands of queer lives. Charged with joy, gossip, sensuality, humour and sometimes fear, and with a potent relevancy to the world today, these stories are brought together in *The Log Books*.

**Let Them Stare by Jonathan Van Ness and Julie Murphy**

Sully is ready to get out of Hearst, Pennsylvania. With a fashion internship secured, the gender-nonconforming eighteen-year-old is trading in their stifling small town for the big city. Sully even sells their beloved car, to Bread—er, Brad—the most boring (and maybe only other) gay kid in town. When Sully's internship goes up in smoke, they're trapped in Hearst with no cash—and no car.

**The Queer Face of War: Portraits and Stories from Ukraine by J. Lester Feder**

Combining portraits and oral histories of dozens of LGBTQ+ Ukrainians, this work shows how queer people can be uniquely vulnerable in conflict. Queer people have become a visible part of the war effort, continuing to fight for their rights as they fight for their country.